## INTRODUCTORY FINGERLOOP BRAIDING

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TERMS

| A B C D |  | The fingers of your hand are labelled A through D, with A being the index finger and $D$ the little finger. |
| :---: | :---: | :---: |
| Reversed |  | The bow is picked up from behind the bottom strand so the loop is twisted. |
| Unreversed |  | The bow is picked up from the front so that the loop remains untwisted |
| Through | The finger passes through a bow before picking up the next bow. ex. A right through B right take C left, the a right finger passes through the bow on B right before taking the bow of C left. |  |
| Change bows | The bows of the two fingers are exchanged. ex A left change with D right, D right takes the bow unreversed that was on A left while A left takes the bow that was on $D$ right. In doing so, one bow will pass through the other. |  |
| Lower bows | Starting from the lowest finger (usually bor c) each bow is moved down one finger (ex. c to $d, b$ to $c$, $a$ to $b$ ) with the loops remaining untwisted. |  |
| Raise bows | Starting from the highest finger (usually b) each bow is moved up one finger ( $b$ to $\mathrm{a}, \mathrm{c}$ to $\mathrm{b}, \mathrm{d}$ to c ), with the loops remaining untwisted. |  |
| Turn bow | Take the bow off the finger, twist it one full turn and place it back on the same finger. |  |
| Reverse bow | Take the bow off the finger, twist it one half turn and place it back on the same finger. |  |
| Departed | Each bow is made of 2 different colours so that the top of the loop is one colour and the bottom is another. |  |

## BROAD LACE OF 5 BOWS

Place 1 bow on each of $A B C$ left and $B C$ of right .

1. A right through B right take $C$ left reversed
2. Lower left bows
3. A left through B left take C right reversed
4. Lower right bows

## LACE COMMON ROUND OF 5 BOWS

Place 1 bow on each of ABC left and BC right.

1. A right through $B C$ right take $C$ left reversed
2. Lower left bows
3. A left through BC left take C right reversed
4. Lower right bows

GRENE DORGE OF 6 BOWS
Place 1 bow on each of BC right \& BC left. Place 1 bow of another colour on D right. Place 1 bow of a third colour on A left.

1. A right through $B C$ right take $C$ left reversed
2. Lower B left onto $C$ left
3. B left through C left take C right reversed
4. Lower right bows
5. A left change with D right

## LACE BEND OF 8

Take 4 bows of one colour and place them on ABCD right. Take 4 bows of another colour and place them on $A B C D$ left.A right through $B C$ right take top $B$ left unreversed

1. A right change with $D$ left reversed
2. B right change with C left reversed
3. C right change with $B$ left reversed
4. D right change with A left reversed

Take 4 bows of one colour and place them on ABCD right. Take 4 bows of another colour and place them on ABCD left.

1. A right change with $D$ left reversed
2. A left change with $D$ left reversed
3. B right change with C left reversed
4. B left change with C right reversed

## FURTHER RESOURCES

http://wirenstring.no-ip.info/fingerloop/ My website with the complete transcriptions of the Tollemache and Harley 2320 manuscripts. Most one person braids have modern instructions.
http://fingerloop.org/ Mistress Rhiannon's \& Mistress Azza's website. Detailed instructions including video, braid patterns, transcriptions of $17^{\text {th }} \mathrm{c}$ braiding manuscripts.
http://www.bumply.com/Medieval/braiding01.html Analysis of the 24 braids found in the London excavations

Crowfoot, E., F. Pritchard and K. Staniland. 1992. Medieval finds from excavations in London: 4. Textiles and clothing c.1150-c.1450. HMSO, London.

Egan, Geoff and Frances Pritchard. 1991. Dress Accessories 1150-1450. Medieval Finds from Excavations at London: 3. HMSO, London.

Griffiths, Jeremy. 2001. The Tollemache Book of Secrets. The Roxburghe Club, London.
Stanley, E.G. 1974. Directions for making many sorts of laces. Pp. 89-103 in: Rowland, Beryl (ed.). Chaucer and Middle English Studies. Kent State University Press.

