INTRODUCTORY FINGERLOOP BRAIDING

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TERMS

ABCD	/ /	The fingers of your hand are labelled A through D, with A being the index finger and D the little finger.
Reversed		The bow is picked up from behind the bottom strand so the loop is twisted.
Unreversed		The bow is picked up from the front so that the loop remains untwisted
Through	The finger passes through a bow before picking up the next bow. ex. A right through B right take C left, the a right finger passes through the bow on B right before taking the bow of C left.	
Change bows	The bows of the two fingers are exchanged. ex A left change with D right, D right takes the bow unreversed that was on A left while A left takes the bow that was on D right. In doing so, one bow will pass through the other.	
Lower bows	Starting from the lowest finger (usually b or c) each bow is moved down one finger (ex. c to d, b to c, a to b) with the loops remaining untwisted.	
Raise bows	Starting from the highest finger (usually b) each bow is moved up one finger (b to a, c to b, d to c), with the loops remaining untwisted.	
Turn bow	Take the bow off the finger, twist it one full turn and place it back on the same finger.	
Reverse bow	Take the bow off the finger, twist it one half turn and place it back on the same finger.	
Departed	Each bow is made of 2 different colours so that the top of the loop is one colour and the bottom is another.	

BRAID PATTERNS

BROAD LACE OF 5 BOWS

Place 1 bow on each of ABC left and BC of right.

- 1. A right through B right take C left reversed
- 2. Lower left bows
- 3. A left through B left take C right reversed
- 4. Lower right bows

LACE COMMON ROUND OF 5 BOWS

Place 1 bow on each of ABC left and BC right.

- 1. A right through BC right take C left reversed
- 2. Lower left bows
- 3. A left through BC left take C right reversed
- 4. Lower right bows

GRENE DORGE OF 6 BOWS

Place 1 bow on each of BC right & BC left. Place 1 bow of another colour on D right. Place 1 bow of a third colour on A left.

- 1. A right through BC right take C left reversed
- 2. Lower B left onto C left
- 3. B left through C left take C right reversed
- 4. Lower right bows
- 5. A left change with D right

LACE BEND OF 8

Take 4 bows of one colour and place them on ABCD right. Take 4 bows of another colour and place them on ABCD left.A right through BC right take top B left unreversed

- 1. A right change with D left reversed
- 2. B right change with C left reversed
- 3. C right change with B left reversed
- 4. D right change with A left reversed

CHAIN BROAD

Take 4 bows of one colour and place them on ABCD right. Take 4 bows of another colour and place them on ABCD left.

- 1. A right change with D left reversed
- 2. A left change with D left reversed
- 3. B right change with C left reversed
- 4. B left change with C right reversed

FURTHER RESOURCES

http://wirenstring.no-ip.info/fingerloop/ My website with the complete transcriptions of the Tollemache and Harley 2320 manuscripts. Most one person braids have modern instructions.

http://fingerloop.org/ Mistress Rhiannon's & Mistress Azza's website. Detailed instructions including video, braid patterns, transcriptions of 17th c braiding manuscripts.

http://www.bumply.com/Medieval/braiding01.html Analysis of the 24 braids found in the London excavations

Crowfoot, E., F. Pritchard and K. Staniland. 1992. Medieval finds from excavations in London: 4. Textiles and clothing c.1150-c.1450. HMSO, London.

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Griffiths, Jeremy. 2001. The Tollemache Book of Secrets. The Roxburghe Club, London.

Stanley, E.G. 1974. Directions for making many sorts of laces. Pp. 89-103 in: Rowland, Beryl (ed.). Chaucer and Middle English Studies. Kent State University Press.